

**COURSE SYLLABUS**

Introduction to Assertiveness

HUS 1011

Online Instruction

625 Fall 2023

[View the Syllabus Addendum](http://www.spcollege.edu/addendum), which provides the most current version of fluid information, such as the academic calendar.

**INSTRUCTOR**

**Name:** Dr Michael Culligan

**Email:** culligan.michael@spcollege.edu

**Phone:**727-791-2583

**Office and Online Chat Hours:** M: 9:15-10,11:15-12; T/TH: 11:30-2; W: 9-10, 11:15-12,1:15-2; F:10-2.

**Office Location:** Clearwater Campus (ES 313H)

**Instructor Web Page:** <http://web.spcollege.edu/instructors/id/culligan.michael>

**ACADEMIC DEPARTMENT**

**Dean: Dr. Joseph Smiley**

**Office Location: Clearwater Campus LA-192**

**Office Number: (727) 712-5851**

**Department Web Page:** [**https://www.spcollege.edu/future-students/degrees-training/social-and-behavioral-sciences-and-human-services**](https://www.spcollege.edu/future-students/degrees-training/social-and-behavioral-sciences-and-human-services)

**COURSE INFORMATION**

**Course Description:**

This course is designed to promote personal, professional development in students.  Factors contributing to non-assertive behavior will be explored.  Strategies for improved self-efficacy, as well as strategies for recognizing and addressing self-defeating behavior will be examined.

**Course Objectives:**

At the end of this course, students will be able to:

* The student will develop an understanding of the underlying factors of non-assertive behavior.
* The student will learn the difference between assertive and aggressive behavior patterns.
* Incorporate effective learning strategies that align with learning preferences.
* The student will develop skills for changing non-assertive behavior.
* The student will develop knowledge and understanding of the impact of culture on behavior.

**Prerequisites:** There are no prerequisites for this course.

Availability of Course Content: All modules will be open at the beginning of the semester. Students will have the option to work ahead if they choose.

**Other Critical Course Expectations:**

**REQUIRED TEXTBOOK & OTHER RESOURCE INFORMATION**

**Required Textbook:**

**Title**:      **Your Perfect Right:  A Guide to Assertive Living**

**Edition**:    10th

**Author**:    Alberti, Robert & Emmons, Michael

Publisher: New Harbinger Publications

ISBN: 9781626259607

**LEARNER SUPPORT**

The **Office of Accessibility Services** is available to assist you if you have a documented disability or think that you may have a disability. Please make an appointment with the Learning Specialists on your campus or online. Registering with Accessibility Services is especially important if you are on campus and will need assistance during an emergency classroom evacuation. For contact information, please see the Accessibility Services website – [View the **Accessibility Services** site](http://www.spcollege.edu/dr) 

[The SPC Academic Support Services site](http://www.spcollege.edu/support) offers a full-range of support services. Students who utilize our Learning Centers more than four times in a term have better than an 80% chance at success. St. Petersburg College offers **FREE** tutoring to all degree-seeking students to help review core concepts, tackle tough homework assignments or prepare for tests. From one-on-one tutoring to online resources, SPC offers tools to help you succeed.

[View the On-Campus Support site](http://www.spcollege.edu/tutoring/#tab%3d2)

[View the Online Support site](http://www.spcollege.edu/tutoring/#tab%3d3)

[View the Student Services and Resources site](http://www.spcollege.edu/services) to see the wide variety of services to help you register for classes, pay your fees, receive your grades, request transcripts or answer any questions you have. 

As an SPC student it is vital that you know Titans Care.  You can access resources through SPC’s Student Assistance Program (SAP) <https://mycoursessupport.spcollege.edu/student-assistance-program> a collaborative resource for students with mental health or general life issues.  SAP provides help and education in suicide prevention, mental health, substance abuse awareness and more.  It is SPC’s belief that supporting mental wellness is everyone’s charge, and that one loss as a result of substance abuse, mental illness, or suicide is one too many. If you or a loved one are considering suicide, please call the National Suicide Prevention Lifeline at 1-800-273-8255.

**IMPORTANT DATES TO REMEMBER: Semester is Aug. 14-Dec. 7**

Aug. 18**– Last day to drop, receive a refund, or change to audit status**

Oct. 28**– Last day to withdraw with a grade of “W”**

Financial Aid: <http://www.spcollege.edu/pages/dynamic.aspx?id=792>

**DISCIPLINE-SPECIFIC INFORMATION**

**ATTENDANCE**

[**View the college-wide attendance policy**](http://www.spcollege.edu/addendum/#attend)**included in the Syllabus Addendum.**

**For this class, attendance is defined as: The completion and submission of assignments. If a student does not submit any assignments for a defined module, the student will be considered "absent." Failure to complete any modules in the first two weeks of class will lead to dismissal. Students who fail to complete 60% of their assignments with 60% of the course assigned will be identified as no longer active in course.**

**GRADING**

Letter grades for the course will be based on the following grading scale:

|  |  |  |
| --- | --- | --- |
| **Letter Grade** |  | **Percentage** |
| A |  | 90%–100% |
| B |  | 80%–89% |
| C |  | 70%–79% |
| D |  | 60%–69% |
| F |  | <60% |

**STUDENTS’ EXPECTATIONS AND INSTRUCTOR’S EXPECTATIONS**

**REQUIRED INTERACTION**

When communicating, you should always:

* treat everyone with respect in every communication
* use your professor’s proper title: Dr. or Prof., or if you are in doubt use Mr. or Ms.
* use clear and concise language
* remember that college level communication should use correct grammar, whether written or spoken. Avoid slang.
* use correct spelling and avoid texting abbreviations
* avoid using the caps lock feature as it can be interpreted as yelling online
* be cautious when using humor or sarcasm as tone is sometimes lost in an email or discussion post and, even when spoken, your message might be misunderstood
* be cautious with personal information (both yours and others’)

When you send an email to your instructor, department chair, dean, or classmates, you should:

* use a subject line that describes what you are writing about
* avoid attachments unless you are sure your recipients can open them
* be clear, concise, and courteous
* sign your message with your name
* use your SPC email account to ensure delivery. Sometime emails from non-SPC accounts are stopped by the spam filter and the recipient may not receive it.

When posting to a discussion board, you should:

* write posts that are on-topic and within the scope of the course material
* take your posts seriously; review and edit your posts before sending
* be as brief as possible while still making a thorough comment
* always give proper credit when referencing or quoting another source
* read all messages in a thread before replying
* avoid repeating someone else’s post without adding something of your own to it
* avoid short, generic replies such as, “I agree.” You should include why you agree or add to the previous point
* always be respectful of others’ opinions, even when they differ from your own
* express any differing opinions in a respectful, non-critical way
* not make personal or insulting remarks
* be open-minded

Students should expect feedback on submitted assignments within one week of the due date.

**PARTICIPATION AND CONDUCT**

Unlike a traditional classroom-based course, you do not need to show up to class at a specific time every day to earn your class participation grade in an asynchronous online course. Instead, you need to complete the online lesson presentations, assignments, quizzes, and discussions by the due dates specified by your instructor. The due dates are found in the course calendar.

[View the Online Student Participation and Conduct Guidelines](http://www.spcollege.edu/addendum/#onlineguide) in the Syllabus Addendum

**ACADEMIC HONESTY**

We expect you to be **honest** in all your academic work. By enrolling at the College, you agree to obey all the standards of **academic honesty and integrity** and you should understand that failing to observe the rules may result in academic and disciplinary action, up to and including expulsion from the College. As members of the College community, you also have an ethical obligation to report violations of the SPC academic honesty policies you may witness.

The academic honesty policy is available online (<http://www.spcollege.edu/academichonesty/>) and includes details on what is meant by:

* Cheating
* Bribery
* Misrepresentation
* Conspiracy
* Fabrication
* Collusion
* Duplicate submissions
* Academic misconduct
* Improper calculator, computer or online use

**NETIQUETTE**

The objective in an online discussion is to be collaborative, *not* combative. Please proofread your responses carefully before you post them to make sure that they will not be offensive to others. Use discussions to develop your skills in collaboration and teamwork. Treat the discussion areas as a creative environment where you and your classmates can ask questions, express opinions, revise opinions, and take positions just as you would in a more traditional classroom setting. Please be sure to proofread your submissions, submit college-level work and avoid text language or slang.

SPC has outlined expectations for student behavior and interaction for online discussions, email, and other forms of communication. [View the Netiquette expectations](http://www.spcollege.edu/addendum/#expectations) in the Syllabus Addendum.

**TURNITIN**

The instructor of this course may require the use of Turnitin.com as a tool to promote learning. The tool flags similarity and mechanical issues in written work that merit review. Use of the service enables students and faculty to identify areas that can be strengthened through improved paraphrasing, integration of sources, or proper citation. Submitted papers remain as source documents in the Turnitin database solely for the purpose of detecting originality. Students retain full copyright to their works. Review the [Turnitin Usage Agreement](http://turnitin.com/agreement.asp). Students who do not wish to submit work through Turnitin must notify their instructor via course email within the first seven days of the course. In lieu of Turnitin use, faculty may require a student to submit copies of sources, preliminary drafts, a research journal, or an annotated bibliography.

**Message to students:**

You may have heard of Generative AI (Artificial Intelligence).  The best-known example is ChatGPT, a chatbot that allows you to type a question as if you were talking to a real person, and it quickly offers a seemingly meaningful, original answer. Tools like this are powerful and can be useful in many contexts, but we must be aware of their limitations, as they can produce inaccurate, fabricated, and even offensive content. In addition, the work produced is not technically your own. In order to avoid violating SPC’s academic integrity policy, students must be sure to follow each professor’s course policies regarding the use of artificial intelligence in academic work. If you’re unsure of a professor’s guidelines, reach out to them to discuss further. My policies for this course can be found below.

You are strictly prohibited from using use Generative AI (Artificial Intelligence), including ChatGPT and similar AI tools, in this course. The work produced by AI writing tools is not your own original work and is therefore unacceptable for the assignments in this course. If you cite AI-generated content, the work will be considered incomplete and receive a zero. If you do not cite, the work will be considered.

**STUDENT SURVEY OF INSTRUCTION**

The Student Survey of Instruction is administered in courses each semester. It is designed to improve the quality of instruction at St. Petersburg College. All student responses are confidential and anonymous and will be used solely for the purpose of performance improvement.

**TECHNOLOGY**

**MINIMUM REQUIREMENTS**

**Minimum Technical Skills:**

Students should know how to navigate the course and use the course tools. Dropbox-style assignments may require attachments in either Microsoft Word (.doc or .docx) or Rich Text Format (.rtf), so that they can be properly evaluated. If an attachment cannot be opened by the instructor, students will be required to re-format and re-submit an assignment so that it can be evaluated and returned with feedback.

MyCourses tutorials are available to students new to this LMS and are located at the beginning of the course. Most features on MyCourses are accessible on mobile devices, although it is recommended that you use a computer for quizzes, tests, and essay assignments.

**ACCESSIBILITY OF TECHNOLOGY**

Please click on the link below to learn about equal access to education:

[View the MyCourses Accessibility Statement](http://www.brightspace.com/about/accessibility)

**PRIVACY**

Please review the D2L/MyCourses Privacy by clicking on the link below:

[View the MyCourses Privacy Statement](http://www.brightspace.com/legal/privacy)

**TECHNICAL SUPPORT**

Technical support is available via the [St. Petersburg College Technical Support Help Desk](http://www.spcollege.edu/helpdesk) for any concerns with the MyCourses LMS.