**St. Petersburg College**

**Human Service Program**

**HUS 1320- Theories & Foundations of Crisis Intervention**

**1 credit hour (Online)**

**INSTRUCTOR:  Dr. Kelly Hallas**

EMAIL: MyCourses is preferred

I will make every attempt to respond to your emails and phone calls within 24 hours.

Course Description:

This course will provide a comprehensive overview of the history of crisis intervention and crisis theory. In addition, a comprehensive model of crisis intervention will be presented. The model will include listening and understanding skills, assessment skills and interventions.

Major Learning Outcomes:

1. The student will demonstrate an understanding of the history of crisis intervention.

2. The student will demonstrate an understanding of two presented models of crisis intervention.

3. The student will demonstrate an understanding of the facilitative process of listening and understanding.

4. The student will demonstrate an understanding of assessment skills.

5. The student will demonstrate an understanding of appropriate interventions as determined by severity of crisis.

Course Objectives Stated in Performance Terms:

1. The student will demonstrate an understanding of the history of crisis intervention by outlining the major historical developments of crisis intervention theory.

2. The student will demonstrate an understanding of two presented models of crisis intervention by discussing the presented model of crisis intervention including:

(a) duration of crisis

(b) four stages of crisis

(c) three outcomes

(d) cognitive-affective and behavioral changes

3. The student will demonstrate an understanding of the facilitative process of listening and understanding by practicing the following skills in structured exercises:

(a) establishing verbal and non-verbal rapport

(b) facilitative listening

(c) summarization

4. The student will demonstrate an understanding of assessment skills by:

a. illustrating the skills of taking two brief psychosocial histories.

b. summarizing internal and external resources.

c. explaining suicidal lethality.

5. The student will demonstrate an understanding of appropriate interventions as determined by severity of crisis by explaining directive, non-directive and cooperative models of problem solving and decision making.

REQUIRED TEXT:

There is no required text for this course. There will be material to read online. We will also gather resources and share them throughout to enhance our understanding of this topic. Students are expected to be active participants and co-creators through questions and research.

TEACHING METHODS

Again, we will be using online format to deliver the course. While it is online, it is meant to be interactive and creative. We will use discussions to interact with each other, challenge and learn from each other, and to support each other. We will be using various media to further support our learning. As we read, we must begin to read and interact; we must begin to think critically about the information.

Throughout the course, there will also be an emphasis on application. What does the material mean to you as a professional? How will you apply this information in everyday life while working with families?

**Assignment DUE dates (Please make a note of Lesson 8, this is due on Wednesday):**

Lesson One: January 19th

Lesson Two: January 26th

Lesson Three: February 2nd

Lesson Four: February 9th

Lesson Five: February 16th

Lesson Six: February 23rd

Lesson Seven: March 2nd

**Lesson Eight and Final Exam: March 5th**

**Grading Policy:**

***\* A minimum grade of “C”*** is required for successful completion of this class as well as all other General Education courses, Support courses, and Major courses for the Human Services program.

**IMPORTANT DATES TO REMEMBER:  1st 8 weeks is January 13, 2025 – March 7, 2025**

**1/17/2025 – Last day to drop, receive a refund, or change to audit status**

**2/19/2025 – Last day to Withdraw with a “W” grade**

**1/20/2025 – Dr. Martin Luther King Jr. Day**

If you completely withdraw from the college anytime on or before the dates of your session, you may incur repayment of Financial Assistance funds. See [financial aid withdraw deadlines](https://www.spcollege.edu/financial-aid/financial-aid-dates).

**\*\* Refer to the course Calendar in MyCourses for due dates for all assignments.**

**\*\* Also refer to the SPC College Academic Calendar for important dates:**

<https://www.spcollege.edu/academic-calendar>

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|  **ACCESSIBILITY:**This course is designed to be welcoming to, accessible to, and usable by everyone, including students who are English-language learners, have a variety of learning styles, have disabilities, or are new to online learning. Be sure to let me know immediately if you encounter a required element or resource in the course that is not accessible to you. Also, let me know of changes I can make to the course so that it is more welcoming to, accessible to, or usable by students who take this course in the future. If you have documentation of a disability or feel you may have a disability:St. Petersburg College recognizes the importance of equal access to learning opportunities for all students. Accessibility Services (AS) is the campus office that works with students who have disabilities to provide and/or arrange reasonable accommodations. Students registered with AS, who are requesting accommodations, are encouraged to contact their instructor by the first week of the semester. Students who have, or think they may have, a disability (e.g. learning disability, ADD/ADHD, psychiatric, medical/orthopedic, vision, and/or hearing), are invited to contact the Accessibility Coordinator (AC) that serves your campus for a confidential discussion. To find your AC for your specific campus, please go to the college-wide Accessibility Services website: <https://www.spcollege.edu/accessibility> This syllabus is subject to revision. You are responsible to attend each class and note any changes announced by instructor.  This syllabus is only a guide and may be changed during the course.  The schedule and procedures in this course are subject to change in the event of extenuating circumstances.   You are responsible to be aware of and make a note of any changes announced by the instructor.  Please attend all classes to stay informed of any changes.**\*\* Please see assignments/due dates in the MyCourses calendar** **\*\* It is the expectation that while all lessons are open for you to complete, you will finish each week in order and by the weekly due date. You may work ahead but you may not fall behind.****\*\* To successfully complete a weekly lesson you must complete the assignment, post to the discussion forum, respond to other students’ post and complete the weekly reflection assignment.** **\*\* *Coursework is due by 11:55 pm on Sunday*** **evenings unless otherwise noted in the calendar.          \*\* Late work will not be accepted.** |
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**Please click the link to read important information**

<https://www.spcollege.edu/current-students/student-affairs/student-right-to-know/student-responsibilities>

**SYLLABUS ACKNOWLEDGEMENT**

I have thoroughly read the course syllabus and understand the requirements of this course, I have read the syllabus and carefully reviewed the course calendar. I have made note of the due dates for assignments and will check the calendar tab in the course if I need clarification regarding a due date.

I understand that I must earn my grade in this course and that includes submitting quality and relevant responses regarding the lesson for the week. All submissions (whether in class or online) including discussion question posts, responses/feedback to classmates; reflection assignments, exams and quizzes must demonstrate that I have an understanding of the lesson content. I understand that I will receive the grade that I earn. I will keep in touch with my instructor throughout this course and will advise him/her on a timely basis if I have difficulties in this course.

**Now please go to the lessons tab and complete the brief survey "Syllabus Acknowledgement”**