Course Title: Issues in Mental Health
Course Prefix/Number: HUS 3370
Credit Hours: 3
Instructor: Teri A. Trede PhD, MPH
Email: trede.teri@spcollege.edu
Phone: 727-302-6620; Please email within MyCourses for phone appointments – I do not want to miss your call
Office/Virtual Hours: Tuesday/Wednesday/Thursday 8:00 a.m. - 4:00 p.m. (please email for an appointment – I do not want to miss you!)
Instructor Web Page: http://www.spcollege.edu/instructors/id/1412

Program Administration
Dean, College of Health Sciences: Rebecca Ludwig, PhD
Administrative Services Specialist: Sandy Malkin
Administrative Services Specialist Phone: 727-341-3771
Office Location: HEC 179
Course Mentor: Teri Trede, PhD, MPH
Course Mentor Email: trede.teri@spcollege.edu

Important Course Dates:
- Last day to drop with a full refund: January 13, 2017
- Last day to withdraw with a “W”: February 9, 2017

Students are responsible for all information in the course syllabus. Please print and save this syllabus to have available for ease of reference. The syllabus is referenced in the Syllabus Module on the course homepage. You will be required to reference this syllabus during your final Capstone Experience.

Required Textbooks:
1. Additional REQUIRED course readings will be made available via PDF format, web link, or library reference located in the weekly folders on the MyCourses course site.

Required Materials (Required for all Students in This Course)
Health Services Administration Style Guide 2016 – 2017. Available in MyCourses. Enter your course then follow this path: Course Content > Resources > Course Resources > Style Guide. The Style Guide may be downloaded and saved (Available as a PDF) for future reference.

Attendance: For this class, active participation/attendance is defined as logging into the course throughout the week, participating in online discussion forums and completing and
submitting required assignments, quizzes & posting forums by the posted due dates each week of the course. Thus, simply logging in does not constitute attendance. Please see the link to the “How to be a Successful Student” (https://www.spccollege.edu/addendum/) for additional details.

- **Holidays:** Because of the shortened nature of this course, holidays that occur during this course are not considered days off. All due dates are posted in the course snapshot. Please plan ahead for all religious and personal holidays so that your work is not considered late.

**Course Time Commitment:** This course is organized into 8 weekly Modules and requires your active participation. Expect to spend about 8-12 hours of time per week for each course.

**Course Meeting Times:** This is an online, eight (8) week course; this course is not self-paced. Module/weekly pages will generally open at least by Monday morning at 8 a.m. Please check the course snapshot for complete details on beginning and ending dates of modules/weeks. Due to its shortened timeframe Module/week 8 may have different open and close dates.

**Assignments/Discussion Postings:** Each week you will be required to complete assignments, activities and/or discussion postings. All weekly assignments are due before 11:59 p.m. Sunday, EST or as stated in the course snapshot. Discussion posts should be made throughout the week. All first original discussion postings are due before 11:59 p.m. Thursday, EST. All discussion replies are due before 11:59 p.m. Sunday, EST. Please note that submitting all discussion post replies late on Sunday night is not sufficient engagement in class discussions and will be graded accordingly. All assignments must be submitted to the dropbox as an attachment.

**Contacting the Instructor:** The best way to contact me is via email within this course. If MyCourses is unavailable, please contact me using your @live.spccollege.edu at the address posted on page one. You may expect a response from me within 24-48 hours. Please do not send emails from your personal email accounts (Yahoo, Gmail, etc.) as they will be filtered to SPAM.

**Course Description:**
Prerequisites: Prerequisites: (DEH 3813 with a minimum grade of C and admission to the Dental Hygiene BAS Program) or (HSA 3104 with a minimum grade of C and admission to Health Services Administration BAS). This course will examine the concepts of mental health and mental disorders from a variety of perspectives within a social context. Students will explore the incidence and prevalence of mental illnesses in the U.S., the social consequences of mental illness, such as stigma, marginalization, and isolation, barriers to care, and strategies for treatment and resolution of mental health issues and illnesses. Students will examine the role of social factors in the etiology and treatment of issues intertwined with mental health. 47 contact hours.

**Major Learning Outcomes:**
1. The student will identify and discuss multiple definitions and perspectives of mental health and mental illness by:
   a. explaining the continuum of mental health.
b. defining and differentiating between mental health, mental illness, and mental disorders.

c. explaining characteristics of mental wellness or positive mental health.

d. defining characteristics of mental illness and mental disorders.

e. outlining selected mental health illnesses and disorders and their characteristics.

2. The student will examine mental health in a broad social context by:

a. explaining how social context influences what is considered to be a mental disorder or abnormal behavior and how it is treated.

b. illustrating the complex interrelationship of mental health conditions and a range of social issues such as homelessness, incarceration, domestic violence, poverty, violence, unemployment, sexual orientation issues, substance abuse, crime, natural disasters and other traumatic events, or marginalization.

c. analyzing the ways in which social factors influence the etiology, course, treatment and outcomes of mental illnesses.

d. evaluating the social impact of mental illness on communities.

3. The student will analyze the complex interrelationship of risk factors for mental illness by:

a. identifying and describing key issues that impact on mental health.

b. explaining the interaction of biological, psychological, social, cultural and environmental factors in the mental health of the population.

c. identifying potential risk factors and warning signs of various mental health problems, including depression, anxiety, psychosis and psychotic disorders, eating disorders, substance abuse disorders, dual disorders and self-injury.

d. assessing the relationship between various mental illnesses and social issues/problems commonly found in their communities.

4. The student will assess the mental health issues and needs of diverse segments of the population by:

a. identifying the incidence and prevalence of mental health issues and disorders among the general population and within specific subgroups.
b. identifying and examining specific psychosocial stressors that contribute to mental health issues in vulnerable segments of the population.

c. analyzing mental health needs within vulnerable subgroups.

d. identifying and examining barriers that limit access to services and treatment for individuals with mental health issues.

5. The student will analyze the implications of myths, stigma, stereotypes and labeling in relation to mental health and mental illness by:

a. identifying common myths, misconceptions, stereotypes and labels related to mental illness in our society.

b. outlining stigma, articulating its role in the treatment of mentally ill individuals in our society and discussing its social consequences in the lives of those with mental illness.

c. evaluating how media portrayals of mental illness influence societal attitudes and understanding of mental illness.

d. explaining how stigma, marginalization and discrimination create barriers that discourage individuals with mental health issues from seeking help.

6. The student will demonstrate an awareness of the services and resources available for mental health issues in the community by:

a. identifying mental health professional, peer, and social service resources in the community and describing their services.

b. identifying the major advocacy groups active in mental health services in the community and state.

c. identifying and describing self-help resources focusing on mental health issues.

d. identifying gaps in the services continuum for individuals with mental health issues.

**Criteria Performance Standard:**
Upon successful completion of the course the student will, with a minimum of 70% accuracy, demonstrate mastery of each of the above stated objectives through classroom measures developed by individual course instructors.

**Academic Integrity:** All academic work submitted to satisfy course requirements is expected to be the student’s OWN work. Cheating and plagiarism will not be tolerated. Please remember that plagiarism is not restricted to copying someone else’s work, but also includes paraphrasing another’s work without proper attribution. *This includes “cutting and pasting” from Internet*
sources and the use of photos, figures, tables or clip art that is not classified as free ware. Please see SPC’s Academic Honesty page, to learn more about how to avoid plagiarism: http://www.spcollege.edu/academichonesty

Resubmission of Work: All work submitted for grading in a course must be original to that course attempt. No previously submitted course work will be accepted for subsequent course attempts. Resubmission of work is considered self-plagiarism and is as serious as other forms of plagiarism. All forms of plagiarism are reported to the Associate Provost and Dean.

Health Services Administration Program/Course Policy Regarding Quoted Material

In the HSA program we expect students to demonstrate the ability to integrate critical thought with a synthesis of the reading done for assignments. This means the student should use their own words to communicate facts as well as knowledge, thoughts, reactions, and reflections. Any text taken directly from another source is not considered the student’s work; it is a compilation of the words of others, and students will not receive a grade for quoted and/or cut and pasted material.

- Students are expected to understand and demonstrate appropriate paraphrasing, citations and references. (See the HSA Style Guide or Library Website)

Health Services Administration Department Late Policy – Please Read Carefully

A. Late Assignments (Examples: Papers, PowerPoints, Projects, Worksheets, etc.):
- Assignments submitted within 24 hours of due date - worth 50% of their graded value (grade achieved, minus 50%).
- Failure to submit any assignment within 24 hours of the due date will result in a zero for the assignment. All due dates are listed in the Course Snapshot. No assignments will be accepted 24 hours beyond the due date.
- Late course work from Module 7 and Module 8 will NOT be accepted past their stated due dates in the Course Snapshot.

B. Late policy for Quizzes and Discussion Forums:
- Quizzes may not be made up; the due date is in Course Snapshot.
- Discussion postings made after the midnight Sunday deadline for any module will not receive credit and cannot be made up.

Course Grading:

<table>
<thead>
<tr>
<th>Letter Grade</th>
<th>Points Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>202 – 225</td>
</tr>
<tr>
<td>B</td>
<td>179 – 201</td>
</tr>
<tr>
<td>C</td>
<td>157 – 178</td>
</tr>
<tr>
<td>D</td>
<td>134 – 156</td>
</tr>
<tr>
<td>F</td>
<td>&lt; 133</td>
</tr>
</tbody>
</table>
**Important Information to Remember:** Faculty and students are responsible for maintaining a positive learning environment. As future health or human services professionals, students are expected to conduct themselves in a professional manner at all times.

**Student Survey of Instruction:** The student survey of instruction is administered in courses each semester. It is designed to improve the quality of instruction. Students are expected to complete the survey in each course. All student responses are confidential and anonymous and will be used solely for program and curriculum improvement.

**Internet Caution:** This course requires the use the Internet for some assignments and activities. Please note that other Internet users may be able to access students’ works whether the access is secured or unsecured. The College cannot protect against the type of materials on the Internet, piracy of students’ materials or assure the privacy of materials.

**Student Resources**

**Learning Resources:** Learning Resources are available at any campus to any student who desires help and direction with course work, either in person or online, at no cost. At the HSA Program home campus, the Health Education Center (HEC), students can contact the NIP Center at 727-341-3724. Please provide the name of your instructor, the course and specific assignment instructions. Have your assignment completed and ready for the learning resource specialist by **Thursday at 5PM** of the week in which the assignment is due. It is not the responsibility of the learning resource specialists to correct the students’ work, but rather, to help improve the students’ writing skills and critical thinking abilities. The current learning resource specialists for the HSA program are:

- Suraj Wagh: Wagh.Suraj@spcollege.edu
- Lindsay Curry: Curry.Lindsay@spcollege.edu

**Computer Assistance:** If you experience problems accessing the course online, accessing materials, posting assignments or any other hardware or software issues, please contact the Technical Support Desk at 727-341-4357 or email onlinehelp@spcollege.edu. The Technical Support Desk is staffed daily from 7:00 a.m. to midnight.

**Computer Issues:** Personal computer issues can happen from time to time. It is your responsibility to contact your instructor immediately should a problem arise. Computer issues will not extend the due date for assignments, discussions, or quizzes.

**Online Library:** To logon to the Online Library through the SPC homepage, use your Student ID number and the last 4 numbers of your Social Security Number.

- For library help you may contact the Health Education Center library for assistance.
- Joshua Brown, brown.josh@spcollege.edu, (724) 341-3657
- Check here for the library's hours and location: http://www.spcollege.edu/libraries/#tab=6
Ask A Librarian is available for 24/7 services https://askalibrarian.org/

Accommodations: This course is designed to be accessible and usable by everyone. Be sure to let the instructor know immediately if you encounter a required element or resource in the course that is not accessible to you.

Accessibility Services: St. Petersburg College recognizes the importance of equal access for all students. Accessibility Services is the campus office that works with students who have disabilities to provide and/or arrange reasonable accommodations. Instructors may not grant accommodations without proper notification from this Office. Due to the nature of all health programs, including the Veterinary Technology Program, accommodations requested for labs and/or a clinical will be determined by a committee that includes the HEC Accessibility Coordinator, Academic Chair, Dean, and other professionals deemed appropriate and on a case-by-case bases. These requests must be made prior to the semester starting or the in the first few weeks. Students registered with Accessibility Services are encouraged to contact their instructors early in the semester. Students who have, or think they may have, a disability (e.g. learning disability, ADD/ADHD, psychiatric, medical/orthopedic, vision, and/or hearing), are invited to contact Accessibility Services for a confidential discussion at 727-341-3721 (V/TTY) or at silvers.stefanie@spcollege.edu. Additional information is available at the college-wide Accessibility Services website: http://www.spcollege.edu/accessibility/

Please note: All materials provided via MyCourses is copyrighted, unless explicitly indicated otherwise. As such, materials are for personal, educational use only during the course of this semester and may not be reproduced or distributed.

Instructional Continuity Plan: In the event of a natural disaster that affects the function of the college, this online course will continue as normal.

Important Links

Please see your MyCourses homepage (http://mycourses.spcollege.edu) to access important college resources/links.
<table>
<thead>
<tr>
<th>Module Topic</th>
<th>Discussion Posting Forums (points)</th>
<th>Assignments (points)/Readings</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Module 1</strong></td>
<td>Course Introductions (0)</td>
<td>1. Review Syllabus, Snapshot, and Course Materials</td>
</tr>
<tr>
<td>Mental Health – Overview, History, Background, Definitions</td>
<td>Discussion Forum 1: Absence of Mental Health (5)</td>
<td>2. See Assignment Readings in MyCourses (Course Content Link).</td>
</tr>
<tr>
<td><strong>Module 2</strong></td>
<td>Discussion Forum 1: Social Influences on Mental Health (5)</td>
<td>1. See Assignment Readings in MyCourses (Course Content Link).</td>
</tr>
<tr>
<td>Etiology and Characteristics of Mental Disorders</td>
<td>Discussion Forum 2: Mental Disorders Fact Sheet Assignment/Posting Forum (10)</td>
<td>2. Group Sign Up a. See ANGEL Folder</td>
</tr>
<tr>
<td><strong>Module 3</strong></td>
<td>Discussion Forum 1: Onset Controllability (5)</td>
<td>1. See Assignment Readings in MyCourses (Course Content Link).</td>
</tr>
<tr>
<td>Stereotyping and Stigma</td>
<td></td>
<td>2. Mental Illness and Stigma of the Movies – Movie Review Paper (20)</td>
</tr>
<tr>
<td><strong>Module 4</strong></td>
<td>Discussion Forum 1: Social Construction of Anxiety (5)</td>
<td>1. See Assignment Readings in MyCourses (Course Content Link).</td>
</tr>
<tr>
<td>The Social Context of Mental Illness</td>
<td></td>
<td>2. Quiz 2, Modules 3 &amp; 4 (15)</td>
</tr>
<tr>
<td>January 30, 2017 – February 5, 2017</td>
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<tr>
<td><strong>Module 5</strong></td>
<td>Discussion Forum 1: Community vs. Rural Mental Health (5)</td>
<td>1. See Assignment Readings in MyCourses (Course Content Link).</td>
</tr>
<tr>
<td>Invisible Populations – Part 1 (Offenders, elderly, homeless)</td>
<td>Medical Illness Services in Your Community Assignment/Posting (20) [Plan ahead – preparation needed]</td>
<td>2. Invisible populations Presentations (The following are scheduled for this module: Offenders, elderly, homeless)</td>
</tr>
<tr>
<td>Rural &amp; Community Mental Health</td>
<td>Discussion Forum 2: Invisible Populations Forum: Post comments (5)</td>
<td></td>
</tr>
<tr>
<td>February 6, 2017 – February 12, 2017</td>
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</tbody>
</table>
| Module 6 | Discussion Forum 1: Reactions and Insights – Hoarding (5) | 1. See Assignment Readings in MyCourses (Course Content Link).  
2. Invisible Populations Group Presentation (40) – Sign up in Module 2 |
|---|---|---|
| Invisible Populations – Part 2  
(Disaster survivors, vulnerable youth, immigrants/refugees) | Literature Review & Post: Dual Diagnosis (5) | Invisible Populations Forum: Post comments (5) |
| Module 7 | | 1. See Assignment Readings in MyCourses (Course Content Link).  
2. Letter to the Editor (20) |
| Invisible Populations – Part 3  
(Veterans, college students, violence, gays/lesbians) | | |
| February 20, 2017 – February 26, 2017 | | |
| *Check Week 8 Closing Dates  
– Week 8 is Short* | | |
| Module 8 | Discussion Forum 1: Stealth Campaign (5) | 1. See Assignment Readings in MyCourses (Course Content Link). |
| The Future  
Course Wrap-up | Course Summary (5) | |
| February 24, 2017 – March 1, 2017 | | |
| *Short Week – Check Closing Dates* | | |
| Total Points 225 | 95 | 130 |

**Important Course Dates:**
- Last day to drop with a full refund: January 13, 2017
- Last day to withdraw with a “W”: February 9, 2017

**Important Course Information:**
- All module assignments are due before 11:59 p.m. Sunday, EST or as stated in the course snapshot.
- All first original discussion postings are due by due before 11:59 p.m. Thursday, EST. All discussion replies are due before 11:59 p.m. Sunday, EST