

**Course Syllabus
Summer 2020**

Course Title:	Issues in Mental Health
Course Prefix/Number:	HUS 3370
Credit Hours:	3
Instructor:	Teri A. Trede PhD, MPH
Email:	trede.teri@spcollege.edu
Phone:	727-302-6620 ; Please email within MyCourses for phone appointments – I do not want to miss your call
Office Location:	HEC 7400 66 th St. N. Pinellas Park, FL; Room 206D
Office/Virtual Hours:	Tuesday/Wednesday 8:30 a.m. - 4:30 p.m. (please email for an electronic or phone appointment – I do not want to miss you!)
Instructor Web Page:	http://web.spcollege.edu/instructors/id/trede.teri

Program Administration

Dean, College of Health Sciences:	Deanna Stentiford, Ed.S., RDH
Administrative Services Specialist:	Sandy Malkin
Administrative Services Specialist Phone:	727-341-3771
Office Location:	HEC 179

Important Course Dates:

- Last day to drop with a full refund: May 22, 2020
- Last day to withdraw with a “W”: June 26, 2020

Students are responsible for all information in the course syllabus. Please print and save this syllabus for reference for this course and the final Capstone Experience.

Required Textbooks:

1. **Additional REQUIRED course readings** will be made available via PDF format, web link, or library reference located in the weekly folders on the MyCourses course site.

Required Materials (Required for all Students in This Course)

Health Services Administration Style Guide 2018 – 2019. Available in MyCourses in the Course Resources module. It may be downloaded and saved for future reference.

Attendance: Participation/attendance is determined by actively participating in graded discussion forums **and** completing course assignments each week. Simply logging in does *not* constitute attendance. Attendance is recorded after Week 1 and Week 2; failure to actively participate and submit graded assignments for Module 1 and/or Module 2 may result in an administrative drop (“W”) for lack of attendance. Attendance is also recorded at the 60% mark (immediately after the last date to withdraw with a “W”); minimal or inconsistent participation and submission of assignments prior to 60% mark of any course may result in an administrative withdrawal (“WF”). Note that self-withdrawal **prior to** the 60% mark results in a “W”. Students should monitor their grades in the course weekly (please see important course dates above).

Holidays: Holidays that occur during the course do not impact assignment due dates (See Course Snapshot); please plan ahead.

Course Time Commitment: This course is organized into 8 weekly Modules. Expect to spend **8-12 hours** of time per week for **each** course. This course is not self-paced, the course snapshot details important dates for each module/week, including the shortened Module 8 time frame.

Assignments/Discussion Postings: A variety of assignments, activities and/or discussion postings are due each week. All first original discussion postings are due before 11:59 p.m. Thursday, EST. All discussion replies and assignments are due before 11:59 p.m. Sunday, EST (unless otherwise specified on the course snapshot). Starting your discussion replies on Sunday is not sufficient engagement in class discussions and will be graded accordingly.

Contacting the Instructor: The best way to contact me is via email within this course. If MyCourses is unavailable, please contact me using your @live.spcollege.edu. You may expect a response from me within 24-48 hours. Please do not send emails from your personal email accounts (Yahoo, Gmail, etc.) as they will be filtered to SPAM.

Course Description: Prerequisites: (DEH 3813 with a minimum grade of C and admission to the Dental Hygiene BAS Program) or (HSA 3104 with a minimum grade of C and admission to Health Services Administration BAS). This course will examine the concepts of mental health and mental disorders from a variety of perspectives within a social context. Students will explore the incidence and prevalence of mental illnesses in the U.S., the social consequences of mental illness, such as stigma, marginalization, and isolation, barriers to care, and strategies for treatment and resolution of mental health issues and illnesses. Students will examine the role of social factors in the etiology and treatment of issues intertwined with mental health. 47 contact hours.

Major Learning Outcomes:

1. The student will identify and discuss multiple definitions and perspectives of mental health and mental illness by:
 - a. explaining the continuum of mental health.
 - b. defining and differentiating between mental health, mental illness, and mental disorders.
 - c. explaining characteristics of mental wellness or positive mental health.
 - d. defining characteristics of mental illness and mental disorders.
 - e. outlining selected mental health illnesses and disorders and their characteristics.
2. The student will examine mental health in a broad social context by:
 - a. explaining how social context influences what is considered to be a mental disorder or abnormal behavior and how it is treated.
 - b. illustrating the complex interrelationship of mental health conditions and a range of social issues such as homelessness, incarceration, domestic violence, poverty, violence, unemployment, sexual orientation issues, substance abuse, crime, natural disasters and other traumatic events, or marginalization.

- c. analyzing the ways in which social factors influence the etiology, course, treatment and outcomes of mental illnesses.
 - d. evaluating the social impact of mental illness on communities.
3. The student will analyze the complex interrelationship of risk factors for mental illness by:
 - a. identifying and describing key issues that impact on mental health.
 - b. explaining the interaction of biological, psychological, social, cultural and environmental factors in the mental health of the population.
 - c. identifying potential risk factors and warning signs of various mental health problems, including depression, anxiety, psychosis and psychotic disorders, eating disorders, substance abuse disorders, dual disorders and self-injury.
 - d. assessing the relationship between various mental illnesses and social issues/problems commonly found in their communities.
4. The student will assess the mental health issues and needs of diverse segments of the population by:
 - a. identifying the incidence and prevalence of mental health issues and disorders among the general population and within specific subgroups.
 - b. identifying and examining specific psychosocial stressors that contribute to mental health issues in vulnerable segments of the population.
 - c. analyzing mental health needs within vulnerable subgroups.
 - d. identifying and examining barriers that limit access to services and treatment for individuals with mental health issues.
5. The student will analyze the implications of myths, stigma, stereotypes and labeling in relation to mental health and mental illness by:
 - a. identifying common myths, misconceptions, stereotypes and labels related to mental illness in our society.
 - b. outlining stigma, articulating its role in the treatment of mentally ill individuals in our society and discussing its social consequences in the lives of those with mental illness.
 - c. evaluating how media portrayals of mental illness influence societal attitudes and understanding of mental illness.
 - d. explaining how stigma, marginalization and discrimination create barriers that discourage individuals with mental health issues from seeking help.
6. The student will demonstrate an awareness of the services and resources available for mental health issues in the community by:

- a. identifying mental health professional, peer, and social service resources in the community and describing their services.
- b. identifying the major advocacy groups active in mental health services in the community and state.
- c. identifying and describing self-help resources focusing on mental health issues.
- d. identifying gaps in the services continuum for individuals with mental health issues.

Criteria Performance Standard:

Upon successful completion of the course the student will, with a minimum of 70% accuracy, demonstrate mastery of each of the above stated objectives through classroom measures developed by individual course instructors.

Academic Integrity: All course work is expected to be the student's OWN work. Cheating and plagiarism will not be tolerated. Please remember that plagiarism also includes paraphrasing another's work without proper credit (citations). This includes "cutting and pasting" from Internet sources and the use of photos, figures, tables or clip art not classified as free ware. Please see SPC's Academic Honesty page, to learn more about how to avoid plagiarism: <http://www.spcollege.edu/academichonesty>

Resubmission of Work: Previously submitted course work may not be resubmitted for another class (self-plagiarism). Turning in any work that has been previously created and submitted (graded or not) in any course is self-plagiarism which is a violation of the SPC Academic Honesty Policy. All plagiarism is reported to the Associate Provost and may result in academic discipline.

HSA Policy Regarding Quoted Material: Rather than using quoted material, students are expected to paraphrase information in their own words to communicate facts as well as knowledge, thoughts, reactions, and reflections. Students will not receive a grade for quoted and/or cut and pasted material.

HSA Late Policy:

- **Late Assignments** (Modules 1-6) (i.e.: Papers, PowerPoints, Projects, Worksheets, etc.). Assignments submitted within 24 hours of due date - worth 50% of their graded value (grade achieved, minus 50%). No credit is given beyond 24 hours of due date.
- **Late policy for Quizzes and Discussion Forums:** Quizzes may not be made up. Discussion postings may not be made up; posts made after the 11:59 p.m. EST Sunday deadline will not receive credit.
- **Late course work from Module 7 and Module 8 will NOT be accepted.**

Course Grading:

- Instructors make every effort to post assignment grades within 72 hours after the assignment closing date

Letter Grade	Points Range
A	202 – 225
B	179 – 201
C	157 – 178
D	134 – 156

F	< 133
----------	-----------------

Expectations of Professionalism: In order to prepare you for a leadership role in a professional environment we maintain high expectations on all student work *and* course interactions. Faculty and students are responsible for maintaining a positive learning environment. Students are expected to conduct themselves in a professional manner at all times. Professional expectations include: following all assignment instructions and writing guidelines, submitting completed assignments in a timely manner, respectful communication with instructor and peers, maintaining Academic Integrity and Honesty, taking responsibility for your learning, and applying instructor feedback.

Student Survey of Instruction (SSI): The survey is administered each semester, and is designed to improve the quality of instruction. All student responses are confidential and anonymous.

Internet Caution: HSA courses require use of the Internet. Please note that other Internet users may be able to access students' works whether the access is secured or unsecured. The College cannot protect against this or assure privacy.

Learning Resources: Learning Resources are available to all students either in person or online, at no additional cost (<http://www.spcollege.edu/current-students/learning-resources>). When reaching out to the people providing learning resources, please provide the name of your instructor, the course and specific assignment instructions. Also, note that it is **NOT** the responsibility of the learning resource specialists to correct the student's work or to help write the student's paper/discussion line by line, but rather, to help improve the students' writing skills, critical thinking abilities, and proofreading/editing skills. Instructors may refer students to Learning Resources by providing the HEC Library/Writing Help Referral Form to the student. The student needs to provide the written assignment, assignment instructions and the Library/Writing Help Referral Form to Learning Resources. Once the student has received assistance, the student should have the tutor email the instructor.

Computer Issues: If you experience problems accessing the course or course materials online, posting assignments or any other hardware or software issues, please contact the Technical Support Desk at 727-341-4357 or email onlinehelp@spcollege.edu available daily from 7:00 a.m. to midnight. It is your responsibility to contact your instructor *immediately* should a problem arise. Computer issues will not extend the due date for course work.

Online Library: To logon to the Online Library through the SPC homepage (<https://go.spcollege.edu/Libraries/>), use your Student ID number and the last 4 numbers of your Social Security Number.

- For library help you may contact the Health Education Center library for assistance.
 - Joshua Brown, brown.josh@spcollege.edu. (727) 341-3657
 - Shilo Smith, Smith.Shilo@spcollege.edu. (727) 341-3673

Accommodations: This course is designed to be accessible and usable by everyone. Be sure to let the instructor know *immediately* if you encounter a required element or resource in the course that is not accessible to you.

Accessibility Services: St. Petersburg College recognizes the importance of equal access for all students. Accessibility Services is the campus office that works with students who have disabilities to provide and/or arrange reasonable accommodations. Instructors may not grant accommodations without proper notification from this Office. Due to the nature of all health programs, including the Veterinary Technology Program,

accommodations requested for labs and/or a clinical will be determined by a committee that includes the HEC Accessibility Coordinator, Academic Chair, Dean, and other professionals deemed appropriate and on a case-by-case bases. These requests must be made prior to the semester starting or the in the first few weeks. Students registered with Accessibility Services are encouraged to contact their instructors early in the semester. Students who have, or think they may have, a disability (e.g. learning disability, ADD/ADHD, psychiatric, medical/orthopedic, vision, and/or hearing), are invited to contact Accessibility Services for a confidential discussion at 727-341-3721 (V/TTY) or at silvers.stefanie@spcollege.edu. Additional information is available at the college-wide Accessibility Services website: <http://www.spcollege.edu/accessibility/>

Please note: Materials provided via MyCourses are copyrighted and for personal and educational use only during the course.

Instructional Continuity Plan: In the event of a natural disaster that affects the function of the college, this online course will continue as normal.

Important Links:

- As a SPC student, it's vital that you know Titans Care. You can access resources through SPC's Student Assistance Program (SAP) (<https://mycoursesupport.spcollege.edu/student-assistance-program>), a collaborative resource for students with mental health or general life issues. SAP provides help and education in suicide prevention, mental health, substance abuse awareness and more. It is SPC's belief that supporting mental wellness is everyone's charge, and that one loss as a result of substance abuse, mental illness, or suicide is one too many. If you or a loved one are considering suicide, please call the National Suicide Prevention Lifeline at 1-800-273-8255.
- Please see your MyCourses homepage (<http://mycourses.spcollege.edu>) to access important college resources/links.
- For tips on how to be a successful student visit: <https://go.spcollege.edu/Addendum/>

HUS 3370		
Issues in Mental Health		
Module Topic Open/Close Dates	Discussion Posting Forums (points)	Assignments (points)/Readings
Module 1 Mental Health – Overview, History, Background, Definitions May 18, 2020 – May 24, 2020	Course Introductions (0) Discussion Forum1: Absence of Mental Health (5) Discussion Forum 2: Mental Health a Community Issue? (5)	1. Review Syllabus, Snapshot, and Course Materials 2. See Assignment Readings in MyCourses (Course Content Link). 3. Mental Health Screening & Brief Paper (20)
Module 2 Etiology and Characteristics of Mental Disorders May 25, 2020 – May 31, 2020	Discussion Forum 1: Social Influences on Mental Health (5) Discussion Forum 2: Mental Disorders Fact Sheet Assignment/Posting Forum (10)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Group Sign Up 3. Quiz 1, Modules 1 & 2 (15)
Module 3 Stereotyping and Stigma June 1, 2020 – June 7, 2020	Discussion Forum 1: Onset Controllability (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Mental Illness and Stigma of the Movies – Movie Review Paper (20)
Module 4 The Social Context of Mental Illness June 8, 2020 – June 14, 2020	Discussion Forum 1: Social Construction of Anxiety (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Quiz 2, Modules 3 & 4 (15)
Module 5 Invisible Populations – Part 1 (Offenders, elderly, homeless) Rural & Community Mental Health June 15, 2020 –	Discussion Forum1: Community vs. Rural Mental Health (5) Mental Illness Services in Your Community Assignment/Posting (20) [Plan ahead – preparation needed]	1. See Assignment Readings in MyCourses (Course Content Link). 2. Invisible populations Presentations (The following are scheduled for this module: Offenders, elderly, homeless)

June 21, 2020	Discussion Forum 2: Invisible Populations Forum: Post comments (5)	
Module 6 Invisible Populations – Part 2 (Disaster survivors, vulnerable youth, immigrants/refugees) June 22, 2020 – June 28, 2020	Discussion Forum 1: Reactions and Insights – Hoarding (5) Literature Review & Post: Dual Diagnosis (5) Invisible Populations Forum: Post comments (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Invisible Populations Group Presentation (40) – Sign up in Module 2
Module 7 Invisible Populations – Part 3 (Veterans, college students, violence, gays/lesbians) June 29, 2020 – July 5, 2020 *Check Week 8 Closing Dates – Week 8 is Short *	Invisible Populations Forum: Post comments (5)	1. See Assignment Readings in MyCourses (Course Content Link). 2. Letter to the Editor (20)
Module 8 The Future Course Wrap-up July 6, 2020 – July 8, 2020 *Short Week – Check Closing Dates*	Discussion Forum 1: Stealth Campaign (5) Course Summary (5)	1. See Assignment Readings in MyCourses (Course Content Link).
Total Points 225	95	130

Important Course Dates:

- Last day to drop with a full refund: May 22, 2020
- Last day to withdraw with a “W”: June 26, 2020

Important Course Information:

- Assignments and discussion replies are due before 11:59 p.m. Sunday, EST (or as stated on Snapshot).
- All first original discussion postings are due before 11:59 p.m. Thursday, EST.