Course Syllabus
Fall 2015 – 8-Week 1

Course Title: Substance Abuse and the Family
Course Prefix/Number: HUS 4442
Credit Hours: 3
Instructor: Teri A. Trede, PhD., MPH
Email: trede.teri@spcollege.edu
Phone: 727-302-6620 Please email within MyCourses for phone appointments
Office/Virtual Hours: Office/Virtual Hours: Tuesday/Wednesday/Thursday 8:00 a.m. - 4:00 p.m. (please call for an appointment – I do not want to miss you)
Instructor Web Page: http://www.spcollege.edu/instructors/id/1412

Program Administration
Dean, College of Health Sciences: Rebecca Ludwig, PhD
Administrative Services Specialist: Sandy Malkin
Administrative Services Specialist Phone: 727-341-3771
Office Location: HEC 179
Course Mentor: Teri Trede, PhD, MPH
Course Mentor Email: trede.teri@spcollege.edu

Important Course Dates:
- Last date to drop with a full refund: August 21, 2015
- Last date to withdraw with a “W”: September 17, 2015

Please save this Course Syllabus for future reference. You will be required to reference this syllabus during your final Capstone Experience.

Course Time Commitment: This BASHSA online course is organized into 8 weekly Modules and requires your active participation. Expect to spend about 8-12 hours of time per week for each course.

Course Meeting Times: This is an online, eight (8) week course; this course is not self-paced. Module/weekly pages will generally open at least by Monday morning at 8 a.m. Please check the course snapshot for complete details on beginning and ending dates of modules/weeks. Due to its shortened timeframe Module/week 8 may have different open and close dates. As such, all dates are posted in the course snapshot and are non-negotiable.

Required Textbooks:

**Required Materials (Required for all Students in This Course)**

1. Health Services Administration Style Guide 2015 – 2016. Available in MyCourses. Enter your course then follow this path: Course Content > Resources > Course Resources > Style Guide. It is recommended that you download and save the Style Guide (Available as a PDF) for future reference.

**Attendance:** For this class, *active participation/attendance is defined* as logging into the course throughout the week, participating in online discussion forums and completing and submitting required assignments, quizzes & posting forums by the posted due dates *each* week of the course. Thus, simply logging in does *not* constitute attendance. Please see the link to the college syllabus addendum below for additional details.

**Holidays:** Because of the shortened nature of this course, holidays that occur during this course are not considered days off. All due dates are posted in the course snapshot. Please plan ahead for all religious and personal holidays so that your work is not considered late.

**Assignments/Discussion Postings:** Each week you will be required to complete assignments and/or discussion postings. The assignments may consist of a variety of activities as assigned in the course and Snapshot. All weekly assignments are due by Sunday night at midnight EST or as stated in the course snapshot. Discussion posts should be made throughout the week. *All first original discussion postings are due by Thursday night at midnight EST. All discussion replies are due by Sunday at midnight EST.* Please note that submitting all discussion post replies late on Sunday night is not sufficient engagement in class discussions and will be graded according all assignments must be submitted to the dropbox as an attachment.

**Contacting the Instructor:** The best way to contact me is via The Learning Management System email within this course. If The Learning Management System is unavailable please contact me using your @live.spcollege.edu at the address above. You may expect a response from me within 24-48 hours. Your Live@edu student email is the college’s official way to communicate with the college outside of your The Learning Management System courses.

**Course Description:**
Prerequisite: HSA 3104. This course offers a broad overview of the basic processes of substance use, abuse, addiction, treatment, and recovery. Students will examine the biological, psychological and societal forces that encourage the use, misuse, abuse and addiction to both licit and illicit substances. The course focuses on the major substances of abuse and their historical, social and legal impact on our society as well as their physical, psychological and social impact on individuals, families, and the community. 47 contact hours.

**Major Learning Outcomes:**
1. The student will explain the basic pharmacology of common substances of use, misuse and abuse, and their effects on the human body.

2. The student will identify and describe various theories and models aimed at explaining the causes of substance abuse and dependence.

3. The student will explain health related issues associated with the use, misuse or abuse of a range of legal and illegal drugs and substances.

4. The student will develop an understanding of the behavioral, psychological, physical, and social effects of psychoactive and mood altering substances on individuals, families, and the community.

5. The student will explain the factors associated with the use of specific substances of abuse.

6. The student will develop an understanding of substance abuse prevention and treatments programs.

7. The student will develop an understanding of historical and current trends, policies and legislation related to commonly used and/or misused substances.

Course Objectives Stated in Performance Terms:
1. The student will explain the basic pharmacology of common substances of use, misuse and abuse, and their effects on the human body by:
   a. identifying the major classifications of psychoactive substances and the primary effects of drugs within each classification.
   b. comparing and contrasting the properties and characteristics of stimulants, depressants, and inhalants.
   c. developing a basic knowledge of the functions of the human nervous system in relation to the physical and psychological effects caused by drug actions and interactions.
   d. analyzing the differences between substances based on their physiological and behavioral effects.

2. The student will explain various theories and models aimed at explaining the causes of substance abuse and dependence by:
   a. describing risk factors for substance use, including environmental influences, inherited factors, and brain chemistry.
   b. assessing the disease concept of addiction.
c. identifying personal and societal norms and attitudes that influence drug use in society.

d. describing correlates and antecedents of drug use in relation to the risk factors and protective factors.

3. The student will explain health related issues associated with the use, misuse or abuse of a range of legal and illegal drugs and substances by:

   a. examining the use, abuse and health consequences of psychoactive prescription drugs, over-the-counter medications, and other mood altering substances.

   b. analyzing risks inherent in using and abusing illicit drugs.

   c. differentiating between the concepts of tolerance, substance abuse and substance dependence.

   d. describing the most important adverse health consequences of smoking and the total annual smoking-attributable mortality in the U.S.

4. The student will develop an understanding of the behavioral, psychological, physical, and social effects of psychoactive and mood altering substances on individuals, families, and the community by:

   a. describing the changes that occur with the use and abuse of chemicals.

   b. explaining the “biopsychosocial” nature of addiction.

   c. identifying the physiological effects of drugs and the general principles of drug addiction.

   d. identifying and explaining risk factors associated with substance abuse and chemical dependence.

   e. identifying and analyzing societal consequences of substance abuse and addiction.

   f. identifying the impact of substance-related disorders on the individual and families.

   g. differentiating between psychological and physiological dependency.

5. The student will explain the factors associated with the use of specific substances of abuse by:

   a. discussing the extent of use of licit and illicit drugs within various populations in the United States.
b. outlining the cultural influences, including family, peers, and media, on the use of selected drugs.

c. identifying and explaining gender differences in patterns of substance abuse.

d. identifying substance abuse patterns related to race, income, education, and geographic location.

e. describing the relationship between certain illegal (i.e., crack, methamphetamine, ecstasy) drugs and crime.

f. outlining the history of use of stimulants to enhance performance.

6. The student will develop an understanding of substance abuse prevention and treatments programs by:

a. identifying the key elements to effective prevention programs.

b. identifying and describing some examples of peer, family, and community approaches to prevention.

c. describing the influence of Alcoholics Anonymous on substance abuse treatment programs for alcohol and for other substances.

d. researching and explaining the principles of various treatment modalities and interventions used in treating substance abuse and dependency.

7. The student will develop an understanding of historical and current trends, policies and legislation related to commonly used and/or misused substances by:

a. researching and describing recent and current trends in drug abuse in the United States.

b. outlining the history of attempts to regulate various drugs/substances of abuse and identify current federal, state, and local agencies and laws related to the regulation, prevention, and treatment of Alcohol, Tobacco, and Other Drug (ATOD) use.

c. researching and discussing controversial issues surrounding drug use and abuse laws and policies.

d. describing the history of anti-tobacco efforts and the tobacco companies’ responses.

e. explaining the history and effectiveness of temperance and prohibition movements in the United States.
f. explaining the legal distinction between drugs and dietary supplements, particularly with regard to health-related claims.

g. debating the legal status of marijuana in the U.S. since 1937.

h. describing the development and current state of drug testing in sports.

Criteria Performance Standard:
Upon successful completion of this course the student will, with a minimum of 70% accuracy, demonstrate mastery of each of the above stated objectives through classroom measures developed by individual course instructors.

Academic Integrity: All academic work submitted to satisfy course requirements is expected to be the student’s OWN work. Cheating and plagiarism will not be tolerated. Please remember that plagiarism is not restricted to copying someone else’s work, but also includes paraphrasing another’s work without proper attribution. This includes “cutting and pasting” from Internet sources and the use of photos, figures, tables or clip art that is not classified as free ware. Academic dishonesty and plagiarism are serious matters in academia. Please see SPC’s Academic Honesty page, to learn more about how to avoid them:
http://www.spcollege.edu/academichonesty

- The College of Health Sciences follows a progressive discipline procedure with regard to academic honesty violations. Sanctions may range from a point deduction on an assignment to expulsion from St. Petersburg College, and are determined based on the severity of the offense. All instances of plagiarism, whether suspected intentional or unintentional, will be forwarded to the Dean’s Office for the College of Health Sciences.

Resubmission of Work: All work that is submitted for grading in an HSA course must be original to that course attempt. When a student attempts an HSA course for a second or third time no previously submitted assignments, discussion forums, or quizzes may be submitted for grading. If work is resubmitted in a subsequent attempt at a course, this is considered self-plagiarism and is as serious as other forms of plagiarism. All forms of plagiarism will be reported to the Dean’s Office.

Health Services Administration Program/Course Updated Policy Regarding Quoted Material

In this course and the HSA program we expect students to demonstrate the ability to integrate critical thought with a synthesis of the reading they do for assignments. This means that we want you to use your own words to communicate facts as well as your knowledge, thoughts, reactions, and reflections. We do NOT want students to simply cut and paste quoted material into their work, even with proper citation. Any text taken directly from another source is not considered the student’s work; it is a compilation of the words of others, and students will not receive a grade for the quoted material.

- Students are expected to understand and demonstrate appropriate paraphrasing, citations and references.
• **Quoted material should not be used.** Use of quoted material, or work that has not been properly paraphrased, cited or referenced will result in point loss.

### Health Services Administration Department Late Policy – Please Read Carefully!

A. **Late Assignments** (Examples: Papers, PowerPoints, Projects, Worksheets, etc.):
   - Assignments submitted within 24 hours of due date - worth 50% of their graded value (grade achieved, minus 50%).
   - Failure to submit any assignment within 24 hours of the due date will result in a zero for the assignment. All due dates are listed in the Course Snapshot. No assignments will be accepted 24 hours beyond the due date.
   - **Assignments and Discussions from Module 7 and Module 8 will not be accepted past their stated due dates in the Course Snapshot.**

B. **Late policy for Quizzes and Discussion Forums:**
   - Quizzes may not be made up; the due date is in Course Snapshot.
   - Discussion postings made after the midnight Sunday deadline for any module will not receive credit and cannot be made up.

### Course Grading:

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<thead>
<tr>
<th>Letter Grade</th>
<th>Points Range</th>
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<tbody>
<tr>
<td>A</td>
<td>198 – 220</td>
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<tr>
<td>B</td>
<td>176 – 197</td>
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<tr>
<td>C</td>
<td>154 – 175</td>
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<tr>
<td>D</td>
<td>132 – 153</td>
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<tr>
<td>F</td>
<td>&lt; 131</td>
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**Important Information to Remember:** Faculty and students are responsible for maintaining a positive learning environment. As a future health care professional, it is your responsibility to conduct yourself in a professional manner. Individuals that demonstrate professionalism are consistent in their values, attitudes, and behaviors.

**Student Survey of Instruction:** The student survey of instruction is administered in courses each semester. It is designed to improve the quality of instruction at St. Petersburg College. Students are expected to complete the survey in each course. All student responses are confidential and anonymous and will be used solely for the purpose of performance improvement.

**Internet Caution:** This course requires the use of the Internet for some assignments and activities. Please note that other Internet users may be able to access students’ works whether the access is secured or unsecured. The College cannot protect against the type of materials on the Internet, piracy of students’ materials or assure the privacy of materials.
Student Resources

Learning Resource Specialist: A Learning Resource Specialist is available to any student who desires help and direction with writing skills. This includes students who live away from the St. Petersburg area. This service is provided at no cost and is administered through the New Initiative Program (NIP). Students can call the NIP Center for further information at 727-341-3724. Please provide the name of your instructor as well as the course you are taking. While these services are provided to you by the college, the responsibility to contact the learning resource specialist lies with the student. Have your assignment completed and ready for the learning resource specialist by **Thursday at 5PM** of the week in which the assignment is due. It is not the responsibility of the learning resource specialists to correct your work and return for your submission, but rather, to help you improve your writing skills and critical thinking abilities. The current learning resource specialists for the HSA program are:

- Leo Johnson: johnson.leo@spcollege.edu
- Suraj Wagh: Wagh.Suraj@spcollege.edu
- Tiffany Schuyler: tiffanyschuyler@gmail.com
- Lindsay Curry: Curry.Lindsay@spcollege.edu

Computer Assistance: If you experience problems accessing the course online, accessing materials, posting assignments or any other hardware or software issues, please contact the “HELPDESK” at 727-341-4357 or email onlinehelp@spcollege.edu. The HELPDESK is staffed daily from 7:00 a.m. to midnight.

Computer Issues: Personal computer issues can happen from time to time. It is your responsibility to contact your instructor should a problem arise. Additionally, computer issues will not extend the due date for assignments, discussions, or quizzes (see course snapshot).

Online Library: To logon to the Online Library through the SPC homepage, use your Student ID number and the last 4 numbers of your Social Security Number.

- For library help you may contact the Health Education Center library for assistance. The library staff can provide you with immediate assistance during the hours they are open.
  - Joshua Brown, brown.josh@spcollege.edu, (724) 341-3657
- Check here for the library's hours and location: [http://www.spcollege.edu/libraries/#tab=6](http://www.spcollege.edu/libraries/#tab=6)

Accommodations: St. Petersburg College recognizes the importance of equal access for all students. Disability Resources (DR) is the campus office that works with students who have disabilities to provide and/or arrange reasonable accommodations. Instructors may not grant accommodations without proper documentation from the DR Office. Students registered with DR, who have a letter requesting accommodations, are encouraged to contact the instructor early in the semester. Students who have, or think they may have, a disability (e.g. learning disability, ADD/ADHD, psychiatric, medical/orthopedic, vision, and/or hearing), are invited to contact DR for a confidential discussion at 727-341-3721 (V/TTY) or at silvers.stefanie@spcollege.edu. Additional information is available at the college-wide Disability Resource website: [http://www.spcollege.edu/dr/](http://www.spcollege.edu/dr/). (Adapted from University of Minnesota).
**Please note:** All materials provided via The Learning Management System are copyrighted, unless explicitly indicated otherwise. As such, materials are for personal, educational use only during the course of this semester and may not be reproduced or distributed.

**Instructional Continuity Plan:** In the event of a natural disaster that affects the function of the college, this online course will continue as normal.

**Important Links**

Please see your MyCourses homepage (http://mycourses.spcollege.edu) to access important college resources/links.

**Syllabus Addendum:** http://www.spcollege.edu/webcentral/policies.htm

**Financial Aid Information:** http://www.spcollege.edu/pages/dynamic.aspx?id=800

**Incomplete Grade Information:** Please visit and scroll to the bottom of the page http://www.spcollege.edu/catalog_academics/

Students are responsible for all information in the course syllabus. Please print this syllabus and have available for your ease of reference. The syllabus will be available during all modules and is referenced in the Syllabus Module on the course homepage.
## HUS 4442
### Substance Abuse and the Family

<table>
<thead>
<tr>
<th>Module Topic</th>
<th>Open/Close Dates</th>
<th>Discussion Posting Forums (points)</th>
<th>Assignments (points)/Readings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Module 1</td>
<td>Drug Use in Modern Society</td>
<td>Course Introductions (0)</td>
<td>1. Review Syllabus, Snapshot, and Course Materials&lt;br&gt;2. See Assignment Readings in MyCourses (Course Content Link).</td>
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<tr>
<td></td>
<td>August 17, 2015 – August 23, 2015</td>
<td>Discussion Forum 1 (5)</td>
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<td>Current Literature Forum (5)</td>
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<td>Module 2</td>
<td>How Drugs Work</td>
<td>Discussion Forum 1 (5)</td>
<td>1. See Assignment Readings in MyCourses (Course Content Link).&lt;br&gt;2. Interventions Reaction Paper &amp; Rubric (20)&lt;br&gt;3. Group Presentation Announcements</td>
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<td>August 24, 2015 – August 30, 2015</td>
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<td>Module 3</td>
<td>Uppers and Downers</td>
<td>Discussion Forum 1 (5)</td>
<td>1. See Assignment Readings in MyCourses (Course Content Link).&lt;br&gt;2. Quiz 1 [Chapters 1 - 8] (20)</td>
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<td>August 31, 2015 – September 6, 2015</td>
<td>Current Literature Review Forum (5)</td>
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<td>Module 4</td>
<td>Alcohol</td>
<td>Discussion Forum 1 (5)</td>
<td>1. See Assignment Readings in MyCourses (Course Content Link).&lt;br&gt;2. Movie Review/Reaction Paper (20)</td>
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<td>September 7, 2015 – September 13, 2015</td>
<td>Bar Exam Forum (5)</td>
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<td></td>
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<td>Movie Review Forum (5)</td>
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<td>Module 5</td>
<td>Familiar Drugs</td>
<td>Discussion Forum 1 (5)</td>
<td>1. See Assignment Readings in MyCourses (Course Content Link).&lt;br&gt;2. Quiz 2 [Chapters 9-12] (20)</td>
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<td>September 14, 2015 – September 20, 2015</td>
<td>Discussion Forum 2 (5)</td>
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<td>Module 6</td>
<td>Restricted Drugs</td>
<td>Discussion Forum 1 (5)</td>
<td>1. See Assignment Readings in MyCourses (Course Content Link).&lt;br&gt;2. Important Note: The Group Presentation for Module 7 is due on Thursday of Module 7 - Plan Ahead!</td>
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<td></td>
<td>September 21, 2015 – September 27, 2015</td>
<td>Current Literature Review Forum (5)</td>
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<td>Module 7</td>
<td>Prevention and Treatment</td>
<td>Discussion Forum 1 (5)</td>
<td>1. See Assignment Readings in MyCourses (Course Content Link).&lt;br&gt;2. Group Project (40) Posting Due on Thursday of this Module&lt;br&gt;3. Peer evaluation (0) must be completed to earn grade for group project.</td>
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<td>September 28, 2015 – October 4, 2015</td>
<td>Group Presentations Forum (5)</td>
<td></td>
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*Check Week 8 Closing Dates – Week 8 is Short*
**Module 8**  
Substance Abuse & the Future  
October 2, 2015 – October 7, 2015  
*Short Week – Check Closing Dates*

|  | Discussion Forum 1 (5) | Course Summary Forum (5) | 1. Assigned Readings  
a. Find Applicable Readings  
b. Quiz 3 (Chapters 13-18) (20) |
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<tbody>
<tr>
<td>Total Points</td>
<td>240</td>
<td>80</td>
<td>140</td>
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</table>

**Important Course Dates:**
- Last date to drop with a full refund: August 21, 2015
- Last date to withdraw with a “W”: September 17, 2015

**Important Course Information:**
- All module assignments are due by Sunday night at midnight EST or as stated in the course snapshot.
- All first original discussion postings are due by Thursday night at midnight EST. All discussion replies are due by Sunday at midnight EST.